

# *dance* Bethesda

## Newcomers Dance Syllabi.

Week #	Cha Cha Level I	I	FP	T	L.F	S	C
1 & 2	Basics in Place						
%	Side Basic						
%	Progressive Basic						
%	Open Break and Under Arm Turn						
3 & 4	Crossover Break						
%	Outside Partner						

Week #	Foxtrot Level I	I	FP	T	L.F	S	C
1 & 2	Basic						
%	Promenade						
%	Rock Turn to Left						
3 & 4	Sway Step						
%	Promenade Underarm Turn						
%	Zig Zag In line						

Week #	Tango Level I	I	FP	T	L.F	S	C
1 & 2	Basic . Straight						
%	Basic . Curving						
%	Single Corte						
3 & 4	Promenade Turning Left						
"	Promenade Turning Right						

I/Introduction    F.P/Foot Positions    T/Timing    L/F/Lead and Follow  
S/Style    C/Checked